

## Body Treatments

### Aroma Slim Brittany

Exfoliation, lymph drainage massage, clay wrap with aromatherapy oils, combined to produce noticeable centimetre loss in a pampering sensual treatment. R 450  
Course of 10 treatments R 3 825

### Back Cleanse

Steam, exfoliate, deep cleanse & mask. 60 min R 300

### Body Bronzing

Body buffing & exfoliation with Apricot kernels prepares the skin for the golden/bronze hues achieved by our professionally applied self tan spritzer. R 275

### Anastasia's Bust Treatment

Turning back the clock for neck, bust & décolleté using the latest therapeutic ingredient, Kigelia Africana for immediate visible results. 45 min R 450

### Roman's Health for Life Treatment

Aromatic salt glow prepares the body for an aromatic moor wrap rich in natural vitamins, enzymes & essential oils bringing a state of deep relaxation & wellness into the very fibres of your being. 90 min R 400

### Tristan's Desert Heat Body Wrap

A passport to complete relaxation, this exceptional treatment delivers a holistic formula rich in; copper, magnesium & zinc. Red Seaweed & Arizona desert mud soothes & relaxes every inch of your skin. 60 min R 525

### Lucas's Detox Thalasso Treatment

Litho Cal Seaweed Body Peel followed by Seaweed Wrap to hydrate & re-mineralise & invigorate the body. 90 min R 465

## Body Massage

### Aromatherapy Body Massage

Be therapeutically de-stressed with aromatic oils to suit your body's needs.

<b>Full Body</b>	60 min	R 350
Course of 10 treatments		R 3 000
<b>Back &amp; Shoulders</b>	30 min	R 225
Course of 10 treatments		R 2 000

### G5

Stimulates blood circulation whilst improving skin tone. 30 min R 125  
Course of 10 treatments R1 055

### Reflexology

Treating ailing body parts by stimulating the reflexes of the body. 30 min R 175

## Paramedical Treatments

### Cauterisation

Progressive elimination of thread veins

Needle	R 50	20 minutes	R 200
Minimum Charge	R 70	30 minutes	R 250
10 minutes	R 110	45 minutes	R 350
15 minutes	R 150	60 minutes	R 450

Removal of Freckles, Skin Tags, Moles & Scar Reduction

Needle	R 50	20 minutes	R 250
Minimum Charge	R 75	30 minutes	R 330
10 minutes	R 150	45 minutes	R 425
15 minutes	R 175	60 minutes	R 475

### ABM

Cellular recuperator. Excellent results in the treatment of stretchmarks, scars, etc. Rates as per Electrolysis.

### Wrinkle Injectable/Botox

Botox and a full menu of Line and Wrinkle Fillers, expertly injected by an experienced medical practitioner.

### Derma Wave

No-needle mesotherapy using Aquaphoresis ensuring 90% delivery of active prescription cosmeceutical to the deeper skin layers. The skin is left deeply hydrated and toned. R 700  
Course of x 5 R 3250

### Electro-Line-Abrasion

For the effective reduction of facial lines, especially for the upper lip lines, unique patented technique, exclusive to us. Ablative technique using a fine needle. Yields impressive results. SQ

### OR Light and L900

(using patented Square Pulsed Light technology)

Regarded as the most advanced technique of its kind, instant and lasting results are delivered by filtered light to lift and tighten the skin. Effectively reduces lines, wrinkles and puffiness as well as sun damage. Removes freckles, veins, pigmentation, tattoos, dark circles, and Sun Spots

R 25 per flash (packages available) SQ

### Phyto Peel

Herbal Peel for acne & pigmentation problems.

Full Face	R 950
Full Face x 3	R 2 400

### Maestro Peel

Chemical Peel for the improvement of scar tissue, removal of blemishes, reduction of oiliness & pores, refinement of stretch marks & wrinkles, rejuvenation of skin & a solution for acne.

Full Face	R 3 250	Face & Neck	SQ
Full Face x 3	R 8 000	Face, Neck & Decollete	SQ
T-Panel/½ Face	R 1 500		

## Hair Removal

### Waxing

Lip/Chin/Brows/Flea Path	R 55
Under Arm/Bikini Line	R 70
Lip & Chin	R 80
Full Face	R 90
G String	R 85
Half Arms/Tummy	R 85
Full Arms	R 100
Chest	R 120
Cuban Cigar (A landing strip is all that remains)	R 100
Half Leg	R 110
Back	R 130
Brazilian Wax (The Full Monty)	R 150
Thighs	R 120
¾ Leg	R 150
Full Leg	R 165
Full Leg & Bikini	R 200
Full Leg, Bikini & Underarm	R 225

### Electrolysis

Blended currents are used to remove unwanted hair progressively leading to permanent results.

Needle	R 50	20 minutes	R 185
Minimum Charge	R 65	30 minutes	R 225
10 minutes	R 100	45 minutes	R 300
15 minutes	R 125	60 minutes	R 345

## Permanent Hair Removal

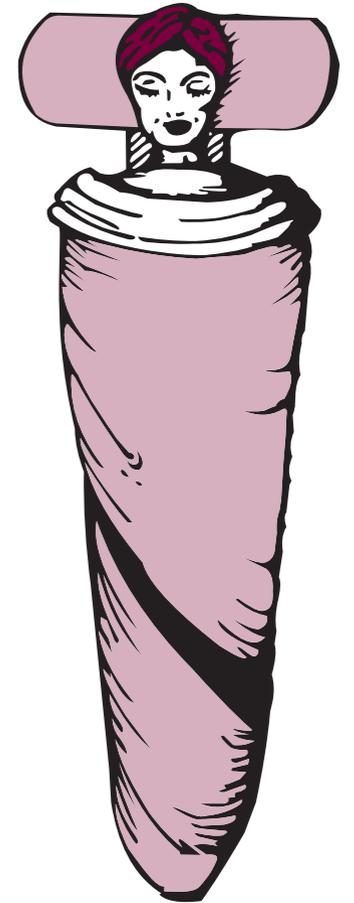
The OR Light & L900 deliver a unique patented Square Pulse to progressively destroy unwanted hair using the quickest time (eg full legs in 15 mins). Both systems employ the safest, most effective technology from France, with minimal discomfort. 6-8 treatments usually concludes. Suitable for all skin types.

Most sought after areas:

UnderArm	R 450	per treatment
Full Bikini	R 750	per treatment
Upper Lip	R 265	per treatment
½ leg	R 1750	per treatment
Full Back	R 3000	per treatment

All other areas available including special packages SQ

Beauty Clinic Vienna  
@ The Sanctuary Est 1969



*"Your Total Wellness Centre"*



**winner**

**best of johannesburg**  
readers' choice awards 2004-2007

**BODY, FACIAL, REMEDIAL, LASER  
& PARAMEDICAL THERAPY**

## Please Note

We proudly use two internationally acclaimed skin & body lines, Beauty Concept & Pevonia Botanica.

All appointments not cancelled 24hrs in advance will be charged for as our time has been reserved by you for you, exclusively.

All discounted courses or special offers must be paid by cash or cheque as we incur credit card transaction fees.

Please arrive 5 minutes prior to your appointment in order to ensure that you receive your full time allocation. We charge from the time reserved - so please be punctual.

Sorry - no refunds or returns accepted under any circumstances.

Please take note that gift vouchers are non-transferable & have an expiry date. Gift vouchers must be presented at appointment in order to be honoured.

Half & full day packages can be customised to suit your individual requirements.

Consultations are FREE of charge.

Prices subject to change without notice

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## Facial Therapy

### Mini Cleanse Facial

Cleanse, steam, exfoliate extract & mask. 30 min R 190  
(Only to accompany a Maestro Peel)

### Deep Cleanse

Cleanse, steam, exfoliate extract & mask. 60 min R 275

### Aroma Facial

Cleanse, steam, exfoliate, extract, aromatherapy massage & mask. 60 min R 325

### Enzymatic Facial

Cleanse, steam, exfoliate, extract, massage, enzyme mask. 75 min R 325

### The Lift Facial

“Secret of the Hollywood Stars”  
Cleanse, steam, exfoliation, extract, rejuvenation massage, Lift mask & Lift finishing cream. 75 min R 400

### Bio Active 5 Phase Facial

Cleanse, steam, extract, glycolic complex, moisture boost activator, freeze dried seaweed mask & vitamin repair mask with oxygen serum. 90 min R 475

### Bio White Facial

Cleanse, steam, exfoliate, extract, advanced anti-oxidant serum, freeze dried seaweed mask & whitening ampoule. 80 min R 475

### Bio Eye treatment

Intensive eye contour treatment targeting puffiness, dark rings, fine lines & wrinkles. Incorporated within facial. 30 min R 275  
Stand alone treatment. 45 min R 325

### O<sub>2</sub> Oxygenating Facial

Oxygen is a vital gas for healthy & youthful skin. This powerful treatment incorporates a mask, which keeps oxygen active against the skin for ten minutes, preventing it from evaporating. 60 min R 450

### O<sub>2</sub> Oxygenating Facial (with ampoule)

Indulge in this luxurious, customised treatment addressing your specific skin care needs. Vital Oxygen & luminous “C” a powerful combination for a more youthful, radiant appearance. 75 min R 480

## Spa Facials

### Anti-Free Radicals Spa Facial

Natures answer to ultimate repair. Enjoy this unique mask, delightfully scented with lavender, while micronised vitamins work as anti-free radicals. The skin is tighter, radiant & rejuvenated in appearance. 90 min R 500

### Luminous “C” & “Sea” Spa Facial

A vitamin supplement for a radiant skin. This mask reduces fine lines, strengthens skins elasticity, counteracts photo-aging & restores a youthful appearance. 75 min R 500

### Plantomer Spa Facial

Uncover the secret of beautiful skin. This cool gentle mask treatment soothes, heals, strengthens & deeply hydrates, leaving the skin tight, refreshed, vital & healthy with an exceptional glow. 75 min R 475

## Specialised Facial Treatments

### Aroma Peel

This deep cleansing treatment combines 100 % plant oils & pulverised sea-sponge for immediate & effective relief of blemishes, pigmentation, congested & acne skin.  
60-90 min R 475  
Course of 10 less 15% R 3 825

### Acne Treatment

Our deep cleansing treatment deals effectively with intense skin care problems using natures most healing ingredients to simultaneously control bacteria & prevent inflammation.  
60-90 min R 460

### Oxy-Vital Treatment

An excellent treatment for traumatised skin. An oxygenating treatment rich in essential polysaccharids, minerals, amino acids & aloe vera. Highly recommended as a post laser resurfacing & dermabrasion treatment.  
60-90 min R 450

### Elasto-Firm treatment

A powerful treatment to restore your skin’s elasticity. As an applied treatment protein, it helps & retards slackening of the skin & gives the surface of your skin a radiant youthful look. 60-90 min R 435

### High Performance Hyaluronic Acid Treatment

A powerful, deep-penetrating, freeze-dried, anti-aging treatment for mature or dehydrated skins. Recommended for pre- & post-operative treatments. 60-90 min R 500

## Eyes

Eyebrow shaping R 50 Eyelash Tinting R 50  
Eyebrow Tinting R 45 Eyebrow & Eyelash Tinting R 80

## Permanent Make-up

Eyebrows 90 minutes R 1 250  
Eyeliner 60 minutes R 1 100  
Lower Lid 30 minutes R 600  
Upper Lid 45 minutes R 750  
Lip Liner 60 minutes R 1 500  
Full Lip 120 minutes R 2 000  
Beauty Spot 30 minutes R 325  
Touch-up per hour (in-house client) min. charge R 450  
Touch-up per hour (outside client) R 600

Prices include one free touch-up within 3 months.  
Please allow 30 minutes for topical anaesthetic cream efficacy.

## Body Exfoliation

### Aromatherapy Salt Glow

A gentle massage using a blend of aromatic sea & mineral salts & essential oils removes impurities, dead skin cells & stimulates circulation, improving this skins surface for a further body treatment whilst leaving the body supple & glowing. 30 min R 165

### LithoCal

This unique seaweed body exfoliation promotes instant results; deep cleansing, eliminating dead cells & impurities, reducing sebum accumulation leaving the skin vibrant & silky to the touch. 30 min R 200

## Hands & Feet

Foot Massage 30 min R 100

### Manicures

Classic 45 min R 165  
French 60 min R 180  
Paraffin 60 min R 180  
Deluxe Spa 75 min R 200

### Pedicures

Classic 60 min R 200  
Paraffin 60 min R 220  
Deluxe Spa 75 min R 240